

1 Original Article

2 Polypill Strategy in Secondary Cardiovascular Prevention

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14 **Abstract**

15 **Background**

16 A polypill that includes key medications associated with improved outcomes
17 (aspirin, angiotensin-converting-enzyme [ACE] inhibitor, and statin) has been
18 proposed as a simple approach to the secondary prevention of cardiovascular
19 death and complications after myocardial infarction.

20 **Methods**

21 In this phase 3, randomized, controlled clinical trial, we assigned patients with
22 myocardial infarction within the previous 6 months to a polypill-based strategy
23 or usual care. The polypill treatment consisted of aspirin (100 mg), ramipril (2.5,
24 5, or 10 mg), and atorvastatin (20 or 40 mg). The primary composite outcome
25 was cardiovascular death, nonfatal type 1 myocardial infarction, nonfatal
26 ischemic stroke, or urgent revascularization. The key secondary end point was
27 a composite of cardiovascular death, nonfatal type 1 myocardial infarction, or
28 nonfatal ischemic stroke.

29 **Results**

30 A total of 2499 patients underwent randomization and were followed for a
31 median of 36 months. A primary-outcome event occurred in 118 of 1237
32 patients (9.5%) in the polypill group and in 156 of 1229 (12.7%) in the usual-
33 care group (hazard ratio, 0.76; 95% confidence interval [CI], 0.60 to 0.96;
34 $P=0.02$). A key secondary-outcome event occurred in 101 patients (8.2%) in the
35 polypill group and in 144 (11.7%) in the usual-care group (hazard ratio, 0.70;
36 95% CI, 0.54 to 0.90; $P=0.005$). The results were consistent across prespecified
37 subgroups. Medication adherence as reported by the patients was higher in the
38 polypill group than in the usual-care group. Adverse events were similar between
39 groups.

40 **Conclusions**

41 Treatment with a polypill containing aspirin, ramipril, and atorvastatin within 6
42 months after myocardial infarction resulted in a significantly lower risk of major
43 adverse cardiovascular events than usual care. (Funded by the European Union
44 Horizon 2020; SECURE ClinicalTrials.gov number, [NCT02596126](https://clinicaltrials.gov/ct2/show/study/NCT02596126); EudraCT
45 number, [2015-002868-17](https://eudract.europa.eu/eudract/index.htm?search=2015-002868-17).)

1 Cardiovascular disease is the leading cause of death and complications
2 worldwide.¹⁻³ Despite effective pharmacotherapy for secondary prevention,
3 the incidence of recurrent ischemic events is still high.^{4,5} Patient adherence
4 to secondary prevention medications has been estimated to be approximately
5 50%,^{6,7} a lack of adherence that has been associated with poorer outcomes.⁸
6 Barriers to adherence include factors related to the characteristics of patients,
7 their prescribers, and their health care systems.⁹ Certain features regarding
8 the period after myocardial infarction — treatment complexity, polypharmacy,
9 treatment of asymptomatic conditions, coexisting illness, and age — frequently
10 preclude adequate secondary prevention.¹⁰ An increased frequency of dosing and
11 treatment complexity have repeatedly been shown to decrease adherence.¹¹ The
12 aging of the population and the improved survival of patients with coronary
13 artery disease have resulted in more patients who are eligible for secondary
14 prevention.¹²⁻¹⁴

15 A polypill strategy has been shown to improve medication adherence by virtue
16 of treatment simplification.^{7,15-17} A recent meta-analysis of three randomized,
17 controlled trials showed a lower occurrence of cardiovascular events among
18 patients who were assigned to receive a polypill than among control patients in
19 primary prevention.¹⁸

20 In the phase 3, randomized, controlled, multinational Secondary Prevention
21 of Cardiovascular Disease in the Elderly (SECURE) trial, we assessed the efficacy
22 of a polypill-based strategy, as compared with usual care, with respect to major
23 cardiovascular outcomes in elderly patients with recent myocardial infarction.

24 **Methods**

25 **Trial Design and Oversight**

26 The trial was conducted at 113 centers in Spain, Italy, France, Germany, Poland,
27 Czech Republic, and Hungary (Table S1 in the Supplementary Appendix,
28 available with the full text of this article at NEJM.org). The trial was designed
29 by the members of the steering committee, who oversaw the trial conduct, the
30 collection and analysis of the data, and the interpretation of results, along with
31 staff members at Centro Nacional de Investigaciones Cardiovasculares.

32 The trial was funded by the European Union Horizon 2020. Ferrer
33 International^{q1} provided the polypill that was used in the trial. Appropriate
34 approvals were provided by the ethics committee at each trial site. All the
35 patients provided written informed consent.

36 The first author wrote the first draft of the manuscript, and all the authors
37 made the decision to submit the manuscript for publication. Members of the
38 steering committee vouch for the completeness and accuracy of data and for the
39 fidelity of the trial to the protocol, available at NEJM.org.

40 **Patients**

41 Eligible patients had a history of type 1 myocardial infarction (i.e., attributable
42 to acute coronary atherothrombotic injury resulting from plaque rupture or

1 erosion and thrombosis with or without ST-segment elevation)¹⁹ within the
2 previous 6 months. All the patients were either older than 75 years of age or
3 at least 65 years of age with at least one of the following risk factors: diabetes
4 mellitus, mild or moderate kidney dysfunction (creatinine clearance, 30 to 60
5 ml per minute per 1.73 m² of body-surface area), previous myocardial infarction
6 (defined as infarction occurring before the index event), previous coronary
7 revascularization (including percutaneous coronary intervention [PCI]) or
8 coronary artery bypass grafting [CABG]), or previous stroke. Details regarding
9 the eligibility criteria are provided in Table S2. Patients were excluded from
10 the trial if they were receiving oral anticoagulation. Patients who had been
11 scheduled for PCI or CABG did not undergo randomization until after the
12 procedure had been performed.

13 **Trial Treatments and Procedures**

14 Patients were randomly assigned to a polypill strategy or usual care (with
15 a care program determined on the basis of current European Society of
16 Cardiology guidelines) by means of a centralized online system. Randomization
17 was stratified according to trial center. The polypill contained any of three
18 formulations of Polypill AAR40 — a single pill containing aspirin (100 mg),
19 ramipril (2.5, 5 or 10 mg), and atorvastatin (40 mg). If the investigator decided
20 to reduce the atorvastatin dose on the basis of the patient's history or the results
21 of blood tests, the patient could be switched to Polypill AAR20 (same as AAR40
22 but with a reduced dose of atorvastatin [20 mg]). Among the patients who had
23 not received ramipril, treatment was started at a dose of 2.5 mg; among those
24 who were already taking an angiotensin-converting-enzyme (ACE) inhibitor,
25 treatment was started at a bioequivalent dose of ramipril. The dose was
26 increased to a goal of 10 mg (if the patient had no unacceptable side effects) at
27 3-week intervals. Details regarding the two treatment groups are provided in the
28 protocol, available at NEJM.org.

29 Follow-up visits occurred at months 6, 12, and 24, with additional telephone
30 follow-up at 18, 36, and 48 months. Blood pressure was recorded and fasting
31 blood samples were obtained at every visit. At 6-month and 24-month intervals,
32 adherence was measured with the use of the eight-item Morisky Medication
33 Adherence Scale, which ranges from 0 to 8, with higher scores indicating better
34 adherence.²⁰ Treatment satisfaction was measured at baseline and at 24 months
35 with the use of the Treatment Satisfaction Questionnaire for Medication.

36 **Efficacy and Safety Outcomes**

37 The primary outcome was a composite of cardiovascular death, nonfatal
38 type 1 myocardial infarction, nonfatal ischemic stroke, or urgent coronary
39 revascularization. The key secondary outcome was a composite of cardiovascular
40 death, nonfatal type 1 myocardial infarction, or nonfatal ischemic stroke. Other
41 secondary outcomes included individual components of the primary outcome,
42 treatment adherence at 2 years, a change in risk-factor control at 2 years (with
43 measurement of the low-density lipoprotein [LDL] cholesterol level and systolic

1 and diastolic blood pressure), and treatment satisfaction. All cardiovascular
2 events were adjudicated by an independent clinical-events committee whose
3 members were unaware of treatment assignments.

4 Secondary safety outcomes included death from any cause and adverse
5 events (including bleeding, kidney failure, drug allergic reaction, and drug
6 discontinuation). A complete list of efficacy and safety outcomes is provided in
7 the trial protocol.

8 **Statistical Analysis**

9 The primary composite outcome was evaluated for noninferiority, which was
10 defined as an upper boundary of the one-sided 97.5% confidence interval of less
11 than 1.373 for the hazard ratio. Once the criterion for noninferiority had been
12 met, a test for superiority with respect to the primary outcome was performed.
13 All ~~{q2}~~ other secondary outcomes were considered to be exploratory.

14 For the primary composite outcome, an annual event rate of 7.2% was
15 expected in the usual-care group.⁸ We determined that a sample size of 3206
16 patients with a minimum 2 years of follow-up would provide 90% power to
17 reject a finding of noninferiority and 80% power to detect a 21% relative risk
18 reduction in the polypill group, with a two-sided alpha level of 0.05, assuming
19 5% loss to follow-up. The projected annual event rate in the usual-care group
20 was later revised to 7.7% on the basis of 3 years of recruitment and a minimum
21 of 2 years of follow-up so that a sample size of 2514 patients would have 78%
22 power to detect superiority.

23 Analyses were performed according to the intention-to-treat principle. Per-
24 protocol analyses were performed for the primary outcome and key secondary
25 outcome after the exclusion of patients with a major protocol deviation. A P
26 value of less than 0.05 was considered to indicate statistical significance.

27 We performed Kaplan–Meier analyses and log-rank tests to calculate time-
28 to-event values. Proportional-hazards models were stratified according to
29 country and were used to estimate hazard ratios with 95% confidence intervals.
30 Sensitivity analyses of the primary outcome and key secondary outcome were
31 performed after adjustment for age (<75 years or ≥75 years) and for the presence
32 or absence of diabetes, mild or moderate kidney dysfunction, and previous
33 cardiovascular events (myocardial infarction, stroke, or revascularization).

34 For secondary outcomes aside from the key secondary outcome, the 95%
35 confidence intervals were not adjusted for multiple testing and should not be
36 used to infer definitive treatment effects. Ordinal logistic regression was used to
37 calculate common odds ratios comparing adherence categories. Mean differences
38 in scores for treatment satisfaction and changes in risk factors from baseline
39 were compared with the use of two-sample t-tests and analysis of covariance,
40 respectively. The numbers of safety outcomes were summarized according to
41 treatment group and compared with the use of chi-square tests. All analyses
42 were performed with the use of Stata software, version 17.0 (StataCorp).

1 Results

2 Patients

3 From August 2016 {q3} through December 2019, a total of 4003 patients
4 underwent screening; of [redacted] patients, 1504 (37%) were either not eligible
5 or declined to participate in the trial. A total of 2499 patients underwent
6 randomization (1258 to the polypill group and 1241 to the usual-care group).
7 The median time between the index myocardial infarction and randomization
8 was 8 days (interquartile range [IQR], 3 to 37). Follow-up data were missing
9 for 21 patients in the polypill group and 12 in the usual-care group, so the
10 intention-to-treat population consisted of 2466 patients (1237 in the polypill
11 group and 1229 in the usual-care group) (Fig. S1). Of these patients, withdrawal
12 during follow-up was reported in 174 patients in the polypill group and 166
13 in the usual-care group; data for these patients were censored at time of
14 withdrawal (Table S3).

15 The demographic and medical characteristics and vital signs of the patients
16 at baseline are shown in Tables 1, S4, and S5. The mean age was 76.0 ± 6.6 years,
17 31.0% of the patients were women, 77.9% had hypertension, 57.4% had diabetes,
18 and 51.3% had a history of smoking. The mean systolic blood pressure was
19 129.1 ± 17.7 mm Hg, and the mean LDL cholesterol level was 89.2 ± 37.2 mg per
20 deciliter.

21 Treatment Effects

22 Most patients in the polypill group (91.7%) received the 40-mg formulation
23 of atorvastatin (Table S6), whereas 40.4% of the patients in the usual-care
24 group were treated with a high-potency statin drug (Table S7). The use of ACE
25 inhibitors in the usual-care group is shown in Table S8. A total of 98.7% of the
26 patients in the usual-care group received aspirin, and the percentage patients
27 who received an additional antiplatelet agent was 94.0% in the polypill group
28 and 95.1% in the usual-care group (Table S9). Total numbers of cardiovascular
29 therapies are shown in Table S10.

30 At 6 months, high levels of adherence were seen in 70.6% of the patients in
31 the polypill group and in 62.7% of those in the usual-care group (risk ratio,
32 1.13; 95% confidence interval [CI], 1.06, to 1.20) (Table 2). At 24 months, high
33 levels of adherence were seen in 74.1% of the patients in the polypill group and
34 in 63.2% of those in the usual-care group (risk ratio, 1.17; 95% CI, 1.10 to 1.25).

35 The mean systolic and diastolic blood pressure levels at 24 months were
36 135.2 mm Hg and 74.8 mm Hg, respectively, in the polypill group and 135.5
37 mm Hg and 74.9 mm Hg, respectively, in the usual-care group (Table S11). No
38 substantial differences were found in LDL cholesterol levels over time between
39 the groups, with a mean value at 24 months of 67.7 mg per deciliter in the
40 polypill group and 67.2 mg per deciliter in the usual-care group. The distribution
41 of LDL cholesterol levels and systolic and diastolic blood pressures among
42 patients in the two groups at each follow-up visit is provided in Figure S2.

43 At 6 months, results from the treatment satisfaction questionnaire for

1 medication revealed a mean (\pm SD) global satisfaction score of 71.5 ± 18.1 for 847
2 patients in the polypill group and 67.7 ± 18.5 for 818 patients in the usual-care
3 group (Table S12). At 24 months, the global satisfaction score was 74.4 ± 17.5 and
4 67.8 ± 17.9 , respectively.

5 **Primary Outcome**

6 The median follow-up duration was 3.0 years (IQR, 2.0 to 3.9). A primary-
7 outcome event (cardiovascular death, nonfatal type 1 myocardial infarction,
8 nonfatal ischemic stroke, or urgent revascularization) occurred in 118 of 1237
9 patients (9.5%) in the polypill group and in 156 of 1229 (12.7%) in the usual-
10 care group (hazard ratio, 0.76; 95% CI, 0.60 to 0.96; $P<0.001$ for noninferiority;
11 $P=0.02$ for superiority) (Fig. 1A and Table 3). A key secondary-outcome event
12 (a composite of cardiovascular death, type 1 myocardial infarction, or ischemic
13 stroke) occurred in 101 patients (8.2%) in the polypill group and in 144 (11.7%)
14 in the usual-care group (hazard ratio, 0.70; 95% CI, 0.54 to 0.90; $P=0.005$)
15 (Fig. 1B).

16 All components of the primary outcome contributed to the observed
17 treatment effect (Fig. S3). Cardiovascular death occurred in 48 of X patients
18 (3.9%) in the polypill group and in 71 of X (5.8%) in the usual-care group
19 (hazard ratio, 0.67; 95% CI, 0.47 to 0.97). The frequency of death from any cause
20 was similar in the two groups (hazard ratio, 0.97; 95% CI, 0.75 to 1.25) (Table
21 S13). Treatment effects with respect to the primary outcome in prespecified
22 subgroups (according to country, age, sex, and the presence or absence of
23 diabetes, chronic kidney disease, and previous revascularization) are shown
24 in Figure 2. Results of the per-protocol analyses were consistent with those
25 of the primary analyses (Table S14). Sensitivity analyses with respect to the
26 primary and secondary outcomes after adjustment for sex, age (<75 years or
27 ≥ 75 years), and the presence or absence of diabetes, chronic kidney disease,
28 and previous vascular events also remained consistent (Table S15). Analyses
29 that were stratified according to trial center are shown in Table S16. The results
30 of sensitivity analyses were consistent with those of the primary analysis;
31 in these analyses, death from noncardiovascular causes was considered as a
32 competing risk for the primary outcome, for the key secondary outcome, and for
33 cardiovascular death; death from any cause was considered as a competing risk
34 for type 1 myocardial infarction, ischemic stroke, and urgent revascularization
35 (Table S17).

36 **Adverse Events**

37 Adverse events were reported in 404 of 1237 patients (32.7%) in the polypill
38 group and in 388 of 1229 (31.6%) in the usual-care group. Nonfatal serious
39 adverse events occurred in 237 patients (19.2%) in the polypill group and in
40 224 (18.2%) in the usual-care group. Other specific safety outcomes in the two
41 groups are provided in Table S18.

1 Discussion

2 In the SECURE trial, a treatment strategy for secondary prevention with
3 a polypill containing aspirin, ramipril, and atorvastatin in elderly patients
4 with recent myocardial infarction resulted in a lower risk of major adverse
5 cardiovascular events than a usual-care strategy of administration of medications
6 on the basis of current European Society of Cardiology guidelines. The results
7 were consistent regardless of country, age, sex, or the presence or absence of
8 diabetes, chronic kidney disease, or previous revascularization. The trial results
9 are broadly applicable to the general population, especially considering that the
10 average age at the time of a first myocardial infarction is now 65.6 years for
11 men and 72.0 years for women,²¹ along with the high prevalence of diabetes
12 mellitus, chronic kidney disease, and previous coronary artery disease in these
13 patients.^{13,21} Table S19 provides detailed information on the representativeness of
14 the patients who were included in the trial.

15 The risk reductions that were observed in the polypill group may be explained
16 partly by increased adherence.²² In a trial involving patients with recent
17 myocardial infarction, investigators assessed pharmacy claims to investigate the
18 relationship between adherence to the prescribed drugs and the risk of major
19 adverse cardiovascular events. They found that cardiovascular risk was 27%
20 lower among the patients with a high degree of adherence than among those
21 with a low degree of adherence.⁸ In another similar trial with a 2-year follow-
22 up, investigators found that patients who received a polypill containing aspirin,
23 ramipril, and atorvastatin for secondary prevention had a 27% lower frequency
24 of recurrent cardiovascular events than those who received other treatments
25 for lowering lipid levels and blood pressure.²³ These results are consistent
26 with those of our trial and support the hypothesis that the use of a polypill
27 strategy as secondary prevention in older patients reduces the risk of recurrent
28 cardiovascular events, at least partly through increased adherence.

29 The lack of a between-group difference in blood pressure and LDL cholesterol
30 levels during follow-up may be due partly to the relatively low mean levels for
31 these measures at baseline and partly to the open trial design, which could
32 have resulted in potential differences in health behaviors. The lower risk of
33 cardiovascular events in the absence of substantial differences in blood pressure
34 and LDL cholesterol levels may be further explained by pleiotropic effects of
35 statins and ACE inhibitors beyond the effects on LDL levels and blood pressure
36 levels, respectively.^{24,25} Furthermore, trials in which antiplatelet therapy was
37 compared with placebo have shown a relative risk reduction of 20% or more in
38 similar populations, so the greater adherence to the aspirin component of the
39 polypill may add to this benefit.²⁶

40 Among the components of the primary outcome, the frequency of
41 cardiovascular death was 3.9% in the polypill group and 5.8% in the usual-care
42 group. However, because this is an exploratory analysis, no formal inference can
43 be drawn from these values.

44 The incidence of death from any cause was similar in the two groups.

1 Although there was no substantial between-group difference in the incidence of
2 death from noncardiovascular causes, more cases were observed in the polypill
3 group than in the usual-care group, driven mainly by cancer deaths (21 in the
4 polypill group vs. 11 in the usual-care group). This finding may be explained
5 by competing risks between cardiovascular and cancer mortality²⁷ — in other
6 words, fewer cardiovascular deaths in the polypill group left more patients
7 vulnerable to die from noncardiovascular causes (e.g., cancer), particularly in
8 consideration of the average age of the patients and the fact that 55% were
9 current or previous smokers. Adverse events were similar in the two groups.

10 This trial has some limitations. Although the trial was not performed in a
11 blinded manner, the event adjudicators were unaware of trial-group assignments,
12 and the outcome assessments were unbiased. No adjustment was made for
13 multiple comparisons of secondary outcomes, so any between-group difference
14 in the incidence of cardiovascular death should be viewed as hypothesis-
15 generating. Withdrawal and loss to follow-up may potentially bias comparisons
16 between groups, although the frequency of withdrawal was similar in the two
17 groups. All the patients were enrolled by the end of 2019 before the start of the
18 pandemic. Given the high-risk nature of the patients, it is reasonable to infer
19 that the pandemic precluded some patients from completing trial visits, owing
20 to site closures, travel restrictions, and stay-at-home requirements, especially
21 during the year 2020.²⁸

22 In the current trial involving elderly patients with recent myocardial
23 infarction, a treatment strategy that was based on the receipt of a polypill
24 containing aspirin, ramipril, and atorvastatin for secondary prevention led to
25 a lower frequency of cardiovascular events than a usual-care strategy. The use
26 of a cardiovascular polypill as a substitute for several separate cardiovascular
27 drugs could be an integral part of an effective secondary prevention strategy.
28 By simplifying treatment complexity and improving availability, the use of a
29 polypill is a widely applicable strategy to improve accessibility and adherence
30 to treatment, thus decreasing the risk of recurrent disease and cardiovascular
31 death.

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1 Disclosure forms provided by the authors are available with the full text of this article at NEJM.org.

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Quick Take Video

General comments on video or navigation (use sticky notes and include timecode):

Polypill in Secondary CV Prevention

DOI: NEJMdo006696

[View video and metadata on JW Player \(https://content.jwplatform.com/previews/\)](https://content.jwplatform.com/previews/)

TWeek Blurp

1 **Polypill in Secondary CV Prevention**

- 2 Patient adherence to secondary cardiovascular prevention medications is estimated at approximately
- 3 50%, which increases the risk of poor outcomes. A single daily pill containing several of those
- 4 medications may help. New research findings are summarized in a short video.

Marginal note for print

[A Quick Take is available at NEJM.org](#)

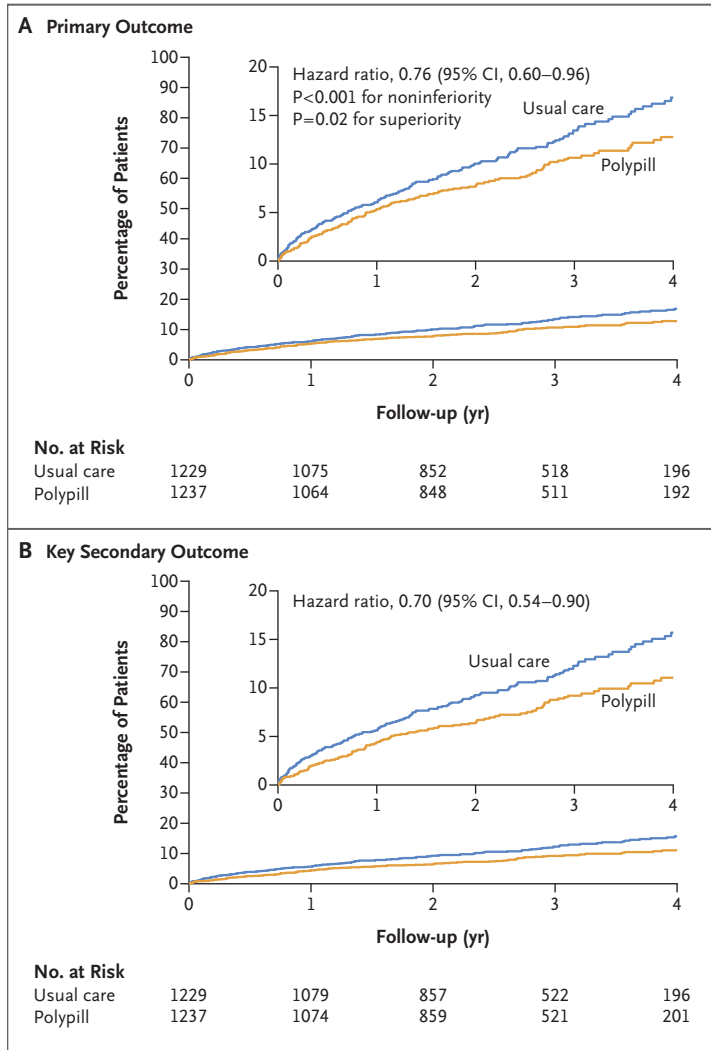


Figure 1. Primary and Key Secondary Outcome at a Median of 36 Months.

Panel A shows the cumulative incidence of a primary-outcome event (death from cardiovascular causes, nonfatal type 1 myocardial infarction, nonfatal ischemic stroke, or urgent revascularization) in the polypill group and the usual-care group. Panel B shows the cumulative incidence of a key secondary-outcome event (cardiovascular death, nonfatal type 1 myocardial infarction, or nonfatal ischemic stroke). The insets show the same data on an expanded y-axis.

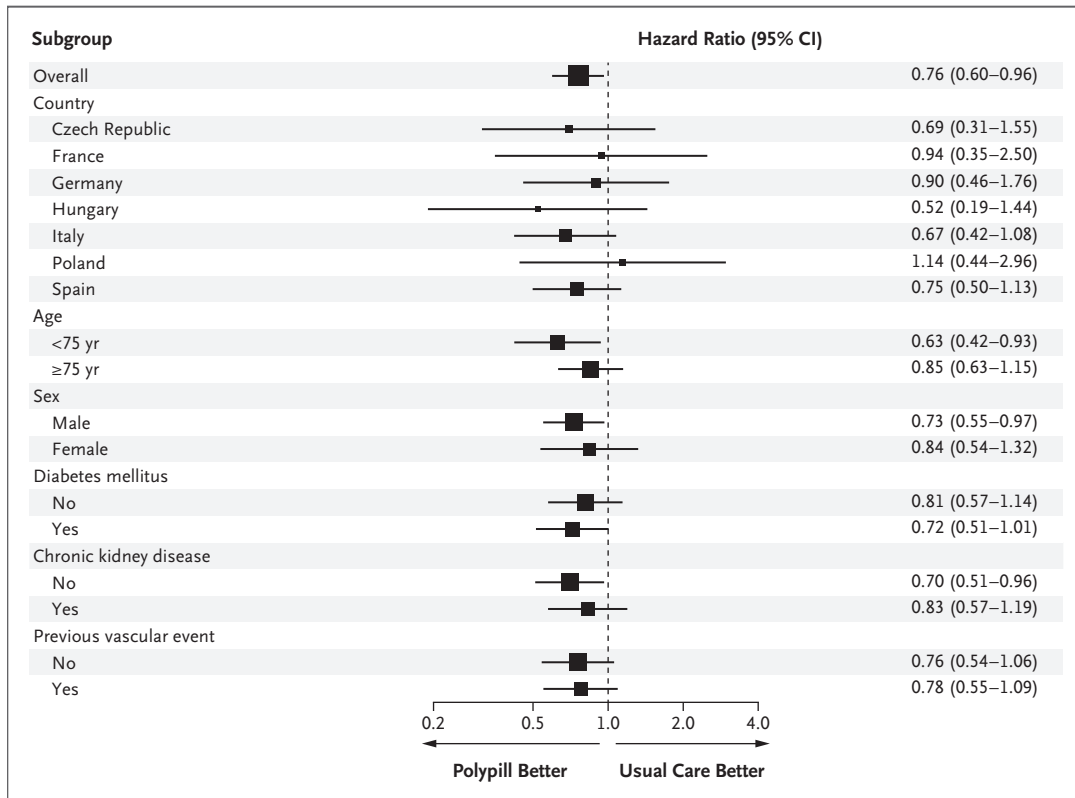


Figure 2. Primary Composite Outcome, According to Subgroup.

Shown is the risk of a primary-outcome event (death from cardiovascular causes, nonfatal type 1 myocardial infarction, nonfatal ischemic stroke, or urgent revascularization) in prespecified subgroups of patients who were receiving either polypill treatment or usual care.

Table 1. Demographic Characteristics of the Patients at Baseline.*		
Characteristic	Polypill Group (N = 1237)	Usual-Care Group (N = 1229)
Age		
Mean — yr	75.8±6.7	76.1±6.5
Distribution — no. (%)		
<75 yr	516 (41.7)	482 (39.2)
≥75 yr	721 (58.3)	747 (60.8)
Sex — no. (%)		
Male	853 (69.0)	848 (69.0)
Female	384 (31.0)	381 (31.0)
Country — no. (%)		
Czech Republic	85 (6.9)	87 (7.1)
France	74 (6.0)	70 (5.7)
Germany	182 (14.7)	184 (15.0)
Hungary	45 (3.6)	45 (3.7)
Italy	366 (29.6)	365 (29.7)
Poland	63 (5.1)	60 (4.9)
Spain	422 (34.1)	418 (34.0)
Race or ethnic group — no. (%)†		
White	1221 (98.7)	1211 (98.5)
Black	3 (0.2)	0
Other	7 (0.6)	10 (0.8)
Missing data	6 (0.5)	8 (0.7)
Education level — no. (%)		
Less than high school	580 (46.9)	576 (46.9)
Some high school	415 (33.5)	424 (34.5)
More than high school	179 (14.5)	162 (13.2)
Missing data	63 (5.1)	67 (5.5)
Employment — no. (%)		
Full time	37 (3.0)	27 (2.2)
Part time	17 (1.4)	13 (1.1)
Not working	39 (3.2)	34 (2.8)
Retired	1117 (90.3)	1132 (92.1)
Missing data	27 (2.2)	23 (1.9)

* Plus-minus values are means ±SD. Details regarding the patients' vital signs and medical history at baseline are provided in Tables S4 and S5.

† Race or ethnic group was reported by the patients.

Table 2. Treatment Adherence at 6 Months and 24 Months.*									
Treatment Adherence	No. of Patients	Polypill Group			No. of Patients	Usual-Care Group			Risk Ratio (95% CI)†
		Low	Medium	High		Low	Medium	High	
		<i>no. (%)</i>				<i>no. (%)</i>			
Timing of analysis									
At 6 mo	1077	59 (5.5)	258 (24.0)	760 (70.6)	1057	100 (9.5)	294 (27.8)	663 (62.7)	1.13 (1.06–1.20)
At 24 mo	881	37 (4.2)	191 (21.7)	653 (74.1)	851	59 (6.9)	254 (29.8)	538 (63.2)	1.17 (1.10–1.25)

* Treatment adherence was measured with the use of the eight-item Morisky Medication Adherence Scale, which ranges from 0 to 8, as follows: low adherence, <6; medium adherence, 6 to <8; and high adherence, 8.

† The risk ratio was calculated as the probability of high treatment adherence as compared with low or medium adherence in the polypill group as compared with the usual-care group. The 95% confidence intervals were not adjusted for multiple testing and should not be used to infer definitive treatment effects.

Table 3. Primary and Secondary Outcomes.				
Outcome	Polypill (N = 1237)	Usual Care (N = 1229)	Hazard Ratio (95% CI)[*]	P Value
	<i>no. of patients (%)</i>			
Primary outcome[†]	118 (9.5)	156 (12.7)	0.76 (0.60–0.96)	<0.001 for noninferiority; 0.02 for supe- riority
Key secondary outcome				
Composite of cardiovascular death, nonfatal type 1 myocardial infarction, or nonfatal ischemic stroke	101 (8.2)	144 (11.7)	0.70 (0.54–0.90)	0.005
Components of primary outcome				
Cardiovascular death	48 (3.9)	71 (5.8)	0.67 (0.47–0.97)	
Nonfatal type 1 myocardial infarction	44 (3.6)	62 (5.0)	0.71 (0.48–1.05)	
Nonfatal ischemic stroke	19 (1.5)	27 (2.2)	0.70 (0.39–1.26)	
Urgent revascularization	27 (2.2)	28 (2.3)	0.96 (0.57–1.63)	
Safety				
Death from any cause	115 (9.3)	117 (9.5)	0.97 (0.75–1.25)	
Death from noncardiovascular cause	67 (5.4)	46 (3.7)	1.42 (0.97–2.07)	

* The 95% confidence intervals were not adjusted for multiple testing and should not be used to infer definitive treatment effects.

† The primary outcome was a composite of death from cardiovascular causes, nonfatal type 1 myocardial infarction, nonfatal ischemic stroke, or urgent revascularization.

Queries

- q1. AU: Did Ferrer have any additional role in the trial? If so, please clarify.
- q2. AU: Please add a sentence to clarify the calculation of the key secondary outcome, since statistical significance was evaluated only for that one.
- q3. AU: For queries with no responses in Content 1, the assumption is that what appeared in the proofs was correct. OK?
- q4. AU: In the data sharing statement, would you like to provide some brief background for your decision, perhaps on the “context” line?
- q5. AU: Are the footnotes in revised Table 2 correct?

Data Sharing Statement

Castellano JM, Pocock SJ, Bhatt DL, et al. Polypill Strategy in Secondary Cardiovascular Prevention. N Engl J Med. DOI: 10.1056/NEJMoa2208275.

Question	Authors' Response
Will the data collected for your study be made available to others?	No
Would you like to offer context for your decision?	—
Which data?	—
Additional information about data	—
How or where can the data be obtained?	—
When will data availability begin?	—
When will data availability end?	—
Will any supporting documents be available?	—
Which supporting documents?	—
Additional information about supporting documents	—
How or where can supporting documents be obtained?	—
When will supporting documents availability begin?	—
When will supporting documents availability end?	—
To whom will data be available?	—
For what type of analysis or purpose?	—
By what mechanism?	—
Any other restrictions?	—
Additional information	—

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